

# The Arc News

of New London County

[www.thearcnlc.org](http://www.thearcnlc.org)



John Fournier

## *A Message from The President of The Board of Directors*

**M**y family and I have been members of The Arc of New London County since 1996. I have always been proud to be a part of The Arc, happy to serve as its Treasurer for the last three years, and now I am privileged to help support The Arc in yet another way — as the new President of the Board of Directors.

The challenge is daunting: the knowledge that the decisions we make over the next several years will affect the lives of so many people is humbling. My thanks to Diane Aubin who has served the Arc so very well for so many years and who continues to do so in her new capacity on the Board. And my thanks to Board members past and present for their dedication and commitment to the ideals, the vision and the values that help us change lives.

We are at a Turning Point, and like all decision-points we face in Life, the choices available to us and the subsequent consequences of those choices will have long-lasting impact. We arrived at this Turning Point as a result of forces beyond our immediate control and as a result of prior decisions we made along the way when we believed that funding streams were diversifying and sustainable. The harsh economic reality we have been forced to face, however, is like an unexpected Stop sign along the road. Which way do we go, and which is the wisest direction to follow?

Happily, I am not alone in making those decisions. My fellow Board members, the Arc Leadership Team and you, the membership, will help guide us through this process. I look forward to all of us working together.

— John Fournier



Kathleen Stauffer

## *A Message from The Executive Director of The Arc*

*Please support The Arc today!*

*33rd Annual Strides Road Race Comes to Harkness in October!*

**A**s you know, nonprofits are facing critical cuts, and programs are being hit hard by funding changes and reductions. Meanwhile, the need increases. Now, more than ever, we need your help to ensure that precious resources remain available for helping our program participants to succeed.

And we *are* succeeding! Our first annual **Arc Night** brought close to 450 supporters to the Mohegan Sun Arena to bring attention to the rights and needs of people with intellectual and related disabilities. We had a record year at **Camp Harkness**, by the way, with all sessions filled to capacity. Better yet, we added two programs for autistic youth, launched as a pilot program last year in partnership with the Connecticut Family Support Network.

Speaking of Camp Harkness, please be sure to visit us there on October 3rd for our 33<sup>rd</sup> Annual **Strides Road Race** co-hosted by *The Cactus Jack Foundation* and sponsored by *Outback Steakhouse*. This year, in addition to the wonderful food provided by Outback, Strides also will feature a moon bounce, face painting and music by *Childbloom's* youth musicians. Giveaway bags are being provided by *Sava Insurance Group*. Register online or make a donation to this major Arc fundraiser today by visiting us at [www.thearcnlc.org](http://www.thearcnlc.org). All proceeds benefit camp and community activities not funded by government programs.

You'll be impressed by our new Web site when you pay us a visit. It features overviews of all our programs, lists job openings at The Arc and answers Frequently Asked Questions about intellectual and related disabilities.

And one more thing: Please keep an eye on your mail for our Annual Appeal letter. Thanks to our generous membership, local businesses and foundations, last year's appeal was a great success. Thank you for recognizing the critical needs of The Arc of New London County. Please send in your response today!

**See you at The Road Race!**

—Kathleen Stauffer

## The Arc of New London County Receives Inaugural CT Family Support Council Award



*Robyn Trowbridge, Rep. Betsy Ritter, Senator Andrea Stillman, Arc Executive Director Kathleen Stauffer and Karen Hlavac were present as The Arc receives the CT Family Support Council's inaugural 2010 Recognition Award.*

**T**he Arc of New London County received the first annual Recognition Award from the *Connecticut Family Support Council* at the State Legislative Office Building in Hartford, CT on March 1, 2010.

CFSC is a network of families who have children with disabilities. Co-chaired by Karen Hlavac and Robyn Trowbridge, the Council encourages parents and professionals to partner in support of children with disabilities, and is represented in Southeastern Connecticut by April Dipollina. April's tireless efforts, vision and advocacy have resulted in an Arc partnership with CFSC to provide a summer camp for young people with autism.

## The Arc of New London County's Annual Appeal "25 from 10"

### How it works...

If each person receiving this newsletter makes a **\$25** donation and then passes this on to **10** family members and friends who do the same, we will have one of our best campaigns ever...in spite of this challenging economy!

### It's easy!

Simply share a copy of this newsletter page with 10 friends or family members. Or, just visit our Web page at: [www.thearcnlc.org](http://www.thearcnlc.org).

Look for



this logo:

and follow the quick steps.  
Thanks!

## Arc Receives \$2,500 grant from the Dime Bank Foundation, Inc.

In his award letter, Dime Bank President James P. Cronin wrote that the grant was to help further the work of The Arc of New London County, and added, "I have been asked, on behalf of the Board, to thank you for the admirable goals and excellent work achieved by your organization."

The Arc was one of 19 organizations chosen to receive Dime Bank Foundations grant awards, and will use these funds to help purchase new kitchen cabinets for The Arc's Community Integration Program.

Thank you to everyone at Dime Bank!



\$10 toward a goal of \$500. Special thanks to Sarah Mathews, Vice-President of Marketing at Dime Bank for her guidance and help in this promotion.

Presenting the check for \$500 is Laraine Cellucci, Corporate Officer and Manager of Dime Bank's Stonington Borough branch, Terrence Hickey, Arc Chief Financial Officer (left), Kathleen Stauffer, Arc Executive Director, and Paul Harvey, Arc Director of Development (right). Thanks to everyone who clicked in!

## We LIKE it!

Recently, Dime Bank also helped The Arc to raise funds through a unique online Facebook promotion. For every person who visited Dime Bank's Facebook page and clicked the "LIKE" button, The Arc received





## Arc Night at the **SUN**, and the **SUN** Shine at **Camp Harkness**



**A**rc Night at the Connecticut Sun Arena (July 17, 2010) was an extraordinary event in so many ways! The Arc of New London County received \$3,000 from the Connecticut Sun to help support Camp Harkness and to encourage respect for and raise awareness of the concerns of people with disabilities in the State of Connecticut. And Connecticut Sun stars Kara Lawson and Kelsey Griffin stayed long after their hard-fought victory against the Atlanta Dream to greet folks and sign autographs.

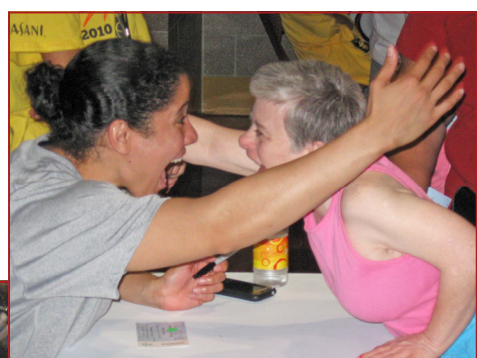
Kara and Kelsey also took time on August 12th to give folks at Camp Harkness tips on how to dribble, pass, shoot and play defense! It was a wonderful afternoon of fun! Many thanks to our partners at the Connecticut Sun for making these events happen, and very special thanks to Kara Lawson and Kelsey Griffin!



As they had at The Arc's Pirate Party in April, Connecticut Sun stars Kara Lawson and Kelsey Griffin greeted folks and very graciously signed hundreds of autographs!



The Arc received a check from the Connecticut Sun for \$3,000 in a ceremony at Center Court! Seen below presenting the check is Sun Vice-President and General Manager Christopher Sienko.



"Hey—! My name's Kara too!"

In a spontaneous exchange Kara Lawson celebrates a shared name with Suns fan Kara Guarneri.



Kelsey Griffin passes the ball to Nicholas Vanderstreet.



Accepting the check: Kathleen Stauffer, Arc Executive Director, Jessica Clark-Starling, Arc Board of Directors, Dennis Starling, and Diane Aubin, Immediate Past President of The Arc Board of Directors.



Patrick Cronin launches a 3-pointer over Kara as Kelsey looks on.

## 13 Staff Members Become Arc/CDS Certified!



**B**illie Jo Durfee from the Arc's Community Integration Program (CIP) program became the first Arc staff member to complete all five CDS training modules in the new Arc/CDS (College of Direct Support) Certification Program. In fact, she completed six modules! Congratulations Billie Jo, and very well done!

Hot on her heels was her sister Jennifer Durfee, who finished a few days later (and who, coincidentally, also works in CIP), and then about one week later (and all on the same day) Ryan Murallo, Casey-Marissa Farrands and Amanda Kopecinski-Bonomi, all of whom work at our Hebron Turnpike residence in Lebanon also finished their 5 modules! Rounding out the first Certifications were five additional CIP staff members, Roberto Lopez, Cheryl Lambert, Elizabeth Mitchell, Naomi Crowley and Michele Densmore, and two staff members from the Individualized Home Supports program, Robbie Hines and Becky Francis.

The College of Direct Support offers a wide range of training for Direct Support Professionals, and the Arc/CDS Certification Program awards those who complete 5 modules with a Certificate of Completion, an Arc/CDS Certified pin, and a 25 cents per hour raise! The Arc is invested in your training! Congratulations to all of you!

## Thanks to Our Most Recent Donors:

**AHEPA**

**AT&T**

**Bob's Discount Furniture**

**Cavasino & Co., LLC**

**Crocker's Boatyard**

**William DeMicco**

**Jeanette Dostie**

**Family Support Network**

**John Gilgenbach**

**Sylvia Hollingsworth**

**Rose & Kiernan, Inc.**

**Jennifer Lee**

**Gladys Long**

**Montville Rotary**

**O'Keefe Controls**

**Renaissance Charity Found.**

**Sacred Heart**

**Schuster Driscoll**

**Tom & Candy Sullivan**

**Thomas Tertizzi**

**Glenis Aiello**

**Bank of America**

**Sandra Brindamour**

**Chelsea Groton Bank**

**Enrico DeMatto**

**DIME Bank**

**Eileen Duggan**

**Freeport, McMoran**

**Goldman Sacks & Co.**

**Horgan Law**

**Cornelius Kluepfel**

**Local 24 Central & Eastern CT NE Regional Council of Carpenters**

**Sherry Macaione**

**Mystic Aquarium**

**Marie Poliseno**

**Tom Reynolds**

**Susan Salters**

**J. Solomon**

**Susman, Shapiro, Wool, Brennan, Gray, Greenberg**

**Patrick Wiley**

**Shannon Aiello**

**Bartol Refrigeration**

**Susan Caron**

**Phillip Corbet**

**Louis Demicco**

**Dominion CT**

**Eastern Federal Bank**

**Linda & Louis Gedeon**

**Green Ink Communications**

**Gerald Kercher**

**Lawrence & Memorial Hosp.**

**Melwood Horticultural**

**Mystic Rotary**

**Gary Quinlan**

**Linda Rhodes**

**Savings Institute**

**M.J. Sullivan**

**Worker's Comp. Trust**





The 33<sup>rd</sup> Annual Jack O'Keefe Memorial

# Strides Road Race

## Registration Form



Sponsored by



Your Logo could be here, too!  
Call 860-889-4435 x116

**Sunday, October 3, 2010**

Race officiating  
by **SNERRO**

**Camp Harkness**  
301 Great Neck Road  
Waterford, CT 06385

**Cash Prizes**  
for 1<sup>st</sup> male & female

### Team Competition

Held at the 10K race  
Top 3 finishers for each team will  
be scored- Jack O'Keefe Trophy

**Outback Gift Certificates**  
to top 3 finishers in each  
division for 5K and 10K races!

### Starting Gun Times

**10K** 10:00 am  
**5K** 11:30 am  
**Family Fun Run, Walk & Roll!**  
**1:00 pm**

All races start & finish  
at Camp Harkness

**Changing areas, prizes, &  
family entertainment available!**

Check here for Wheelchair Division: ☐

**Registration Fees\*:** Early Registration: \$15.00/entrant or \$30.00/family (Max of 4)  
Race Day: \$20.00/entrant or \$35.00/family (Max of 4)  
Children under 12: \$5.00 Patron Ad: \$50.00

*\*Fee includes food provided by Outback Steakhouse, Strides T-Shirt and race packet*

*All proceeds benefit The Arc of New London County*

Entrant Information		Age	Div*	Sex	T-shirt Size	5K, 10K or Fun Run	Fee
Please fill out one application for each entrant Each entrant <b>must</b> sign the waiver below							
Entrant							\$
Address						Patron Ad	\$
Phone	( ) —	email				Other Contributions	\$
If family entrant, indicate family member paying here: If TEAM entrant, indicate TEAM NAME here:						Total Enclosed (if family entrant-enter "Family")	\$
<b>*Women's Divisions</b> Girls (G).....11 and under Women's Juniors (WJ).....12-17 Women's Open (WO).....18-39 Women's Masters (WM).....40-49 Women's Grandmasters (WG).....50-59 Women's Seniors (WS).....60-69 Women's Veteran (WV).....70+ Women's Wheelchair (WW) Women's Electric Wheelchair (WE)		<b>*Men's Divisions</b> Boys (B).....11 and under Men's Juniors (MJ).....12-17 Men's Open (MO).....18-39 Men's Masters (MM).....40-49 Men's Grandmasters (MG).....50-59 Men's Seniors (MS).....60-69 Men's Veteran (MV).....70+ Men's Wheelchair (MW) Men's Electric Wheelchair (ME)		Make check payable & mail to: <b>The Arc of New London County</b> 125 Sachem St Norwich, CT 06360 Tel: (860) 889-4435 x 116 Fax: (860) 889-4662 email: info@thearcnlc.org www.thearcnlc.org			

### Waiver: (Must be signed by each entrant in order to participate- Under 18 must be signed by parent/guardian)

In consideration of my accepting this entry, I do hereby for myself, my heirs, executors, waive, and release forever and discharge any and all claims for damages which I may have or which hereafter may occur to me against The Arc of New London County, The Cactus Jack Foundation, The Department of Developmental Services, Camp Harkness, Outback Steakhouse, The Town of Waterford, and any other sponsors for all claims arising out of my participation in said athletic event.

Signature

Date

## Arc Annual Meeting Held in Groton on June 23, 2010



*From left to right, top row:* Tom Sullivan and Arc of CT Executive Director Lynn Warner; Shannon Aiello (back to the camera) installing new Board Directors and Officers; retiring Board member CT Representative Tom Reynolds receiving a recognition award from Diane Aubin; Chef Ed Armstrong; *middle row:* IT Specialist Scott Kadey; retiring Board member Joann Kerr with Diane Aubin; Greg McMahon presenting recognition award to volunteer Shannon Kelly; Director Deborah Gregoire; Jessica Clark, Board Representative; *bottom row:* New Board Director Alice Munyan, Aadya and Isabella; Jeanette Hickey and Joann Cirrito; Denise and Tom Fournier; Cara Guarneri's brother Ronald and sister Charis (with Shaun Murallo in the background).

**Congratulations Arc Special Olympians! We are proud of you!**



*Arc banner filled with autographed statements of medal winnings by the Olympians and congratulations from staff and friends!*





This feature offers a forum to share thoughts about the Arc of New London County, about the important work you do here every day, and about the place the work you are doing has in your life.

Our guest in this issue is James Miller, the Interim House Manager at Hebron Turnpike residence in Lebanon, CT. Before then, James had been part of the Arc's Community Integration Program (CIP) for about a year and a half.



James Miller  
Interim House Manager,  
Hebron Turnpike,

**Q:** What brought you to the field of Human Services and is that what continues to motivate you?

**A:** *The passion to assist our population with the best of service to aide them in obtaining the very most out of life without being judged or disrespected, and yes I continue to embrace the same desire now that I embraced back then.*

**Q:** How does the work that you do here every day affect your life outside of the Arc?

**A:** *I do not take anything for granted and understand that life is a gift, therefore I take advantage of every opportunity to let my loved ones know how special they are, as I do with our population here at The Arc.*

**FORE!**



Terrence Hickey, Walter Doubleday and Louis Riccio golf to support education for youth with special needs at the 6<sup>th</sup> Annual R.I.S.E.N. golf benefit at the Shennecossett Golf Course in Groton.

R.I.S.E.N (Responding to Inclusive Special Education Needs) is a Sacred Heart School Program.

**The Arc Vehicle Donation Program**

**1-877-ARC-CAR0**  
**(1-877-272-2270)**

**Please Donate Your Used Car to  
The Arc of New London County!  
Call or go online now to find  
out how easy it is!**



**CONGRATULATIONS, TALIBAH!**

With apologies for the techno-glitch that left the "T" off your name in our last newsletter... *Oops!* How did that get by us? Must have been hit by one of those arrows...!  
—ArcNEWS

**The Arc's MISSION:**

To provide individualized supports, services, and advocacy to persons with intellectual and other related developmental disabilities to help facilitate their full participation and inclusion in the communities of Southeastern Connecticut.

**The Arc's VISION:**

People with intellectual and related disabilities supported by The Arc of New London County are full participating members of their communities.

**Arc NEWS**

**Summer/Fall 2010**

***COMING EVENTS! MARK YOUR CALENDARS!***

***COMING NEXT!***

The 33rd Annual  
**Strides Road Race**  
**Sunday, October 3, 2010**  
At Camp Harkness

***REGISTRATION on PAGE 5  
or REGISTER ONLINE!***

***SAVE THE DATE!***

Our 4th Annual  
**PIRATE PARTY!**  
**Saturday, April 30, 2011**  
at The Mystic Arts Center



***THE TREASURE  
AWAITS, MATES!***

